Focusing on Compassion
Chancellor Mike Stiles underscores the value of compassion in students, faculty and staff.

Celebrating Scholarships
St. Luke’s college awards more than $80,000 to 45 students for the 2014-2015 academic year.

Students, Faculty Give Back
Community benefits as students and faculty volunteer at 11th Annual Community Service Day.

Alumni Spotlight
Nursing careers launched at St. Luke’s College are one family’s legacy.

Reunion Time
Join us April 24-25 for our all-school celebration!

Graduation Milestones
Phlebotomy and nursing students earn their certificates and degrees this winter.

Visit us at:
www.stlukescollege.edu
Friend us on Facebook at:
www.facebook.com/StLukesCollege
Dear Alumni and Friends,

Competence and Compassion.

Two key words in the mission statement of St. Luke’s College:

As an institution of higher education, St. Luke’s College provides high quality, health system-based education to individuals who desire to become competent and compassionate healthcare providers.

Periodically, I am asked about the inclusion and the emphasis on compassion within our mission. Over the years the questions have become patterned and almost predictable based upon the professional role of the person and their relationship with the College.

• An accreditor wants to know how we define or measure compassion.
• An educator wants to know how we teach compassion.
• Another college president wants to know why we even reference compassion.

It is rare that I am asked about why competence receives emphasis in our mission. It is almost as if our accreditors, constituents, and colleagues accept competence as a universal expectation and outcome from any college or university.

So why do they ask, and why do we emphasize compassion?

Many, many patients cannot assess or evaluate the technical competence of their provider for any of a multitude of reasons. Patients and their families often assume that the provider is technically competent because they are licensed or credentialed, they have been hired by a hospital or clinic, and they trust that there are systems in place to assure the provider is delivering safe and competent care.

Not so with compassion.

Compassion is the element of care that patients and their family members can feel, can see, can sense, and can do so quickly and accurately.

Each patient, no matter how young or how old, no matter how sick or how much pain they are experiencing, instinctively can sense and feel when the person who is “caring for them, cares about them.”

• Compassion is what patients and family members remember when they leave the hospital or clinic.
• Compassion is what patients and family members talk about with others in their lives.
• Compassion is what patients and family ask about when choosing a provider.
• Compassion is what patients and families long for when it is missing.
• Compassion is what distinguishes one provider from another.
• Compassion is what “care” in “healthcare” is all about.
• Compassion is our mission.

Sincerely,

Michael D. Stiles, Chancellor

Our Mission
St. Luke’s College provides high quality, health system-based education to individuals who desire to become competent and compassionate healthcare providers.

Our Vision
St. Luke’s College understands the importance of educating tomorrow’s highly skilled healthcare workers for you, your children and your grandchildren. Our vision is to make a difference in the quality of healthcare for future patients, families and the communities in which our graduates serve.

Century of Service in Siouxland

St. Luke’s College’s roots began in the late 1890s at Samaritan Hospital School of Nursing. Lutheran Hospital School of Nursing was established in 1902. Methodist Hospital School of Nursing was established in 1920.
Both Lutheran and Methodist Schools of Nursing prepared nurses for military service to support the troops in World War II.

1940s

Lutheran and Methodist’s sponsoring hospitals merged to create St. Luke’s Regional Medical Center.

1966

The Lutheran and Methodist Schools of Nursing merged to establish St. Luke’s School of Nursing.

1967

Investing in Future Caregivers

St. Luke’s College’s annual Scholarship Recognition Luncheon brought together donors, scholarship recipients, members of the UnityPoint Health - St. Luke’s Foundation Board, faculty, administrators and staff.

The September 2014 luncheon in the Medical Center’s Auxiliary Dining Room celebrated student recipients and the generous donors who fund their college scholarships.

“St. Luke’s College awarded more than $80,000 to 45 students for the 2014-2015 academic year,” says Chancellor Mike Stiles.

“These scholarships are made possible by our donors who have given of their personal financial resources because of the commitment of these students,” Stiles told luncheon attendees. “As Chancellor, it is humbling to stand here today and realize that these students could have chosen any other career and any other college and these donors could have given their generous gifts to many other colleges or causes, but both the students and the donors have chosen us, St. Luke’s College.”

“That choice places a tremendous obligation on each of us associated with the College to strive every minute of every day to continue to earn the respect and the trust of future generations of students and donors,” the Chancellor states.

The luncheon provided the opportunity for scholarship recipients to bond with donors and gave donors the opportunity to witness their contributions in action as they visited with students about educational and career goals.

Students and scholarship donors have the opportunity to meet and mingle at the Scholarship Luncheon each fall. Here are some photos from our September 2014 event.

Phonathon Raises Scholarship Funds

A big thanks to everyone who pledged to St. Luke’s College’s 2014 Phonathon, which raised nearly $14,000!

Student volunteers called alumni and friends of the college on the evenings of September 8-10, 2014, asking for financial gifts to support scholarships at St. Luke’s College.

If you pledged but have not yet had a chance to send us your gift, you may do so at your convenience by mailing to:

St. Luke’s College
2800 Pierce St.
Suite 410
Sioux City, IA 51104

If you did not pledge but would like to support our students, call 712-279-3112 or email patricia.rogers@stlukescollege.edu

BELOW: St. Luke’s College students hit the phone banks at the 2014 phonathon.

Scholarship Luncheon Celebrates Donors, Recipients

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BELOW: St. Luke’s College students hit the phone banks at the 2014 phonathon.
In an annual tradition, more than 200 St. Luke’s College students, faculty and staff left the classroom and offices to lend a helping hand for a morning of community service on Friday, August 15, 2014.

For 11 years, St. Luke’s College students, faculty and staff have devoted a morning each school year to volunteer at numerous locations in the Sioux City area. The 2014 community service day found volunteers traveling to six locations to clean, paint, plant, organize and more.

“Community service day is a great way for the college to come together to support Siouxland with our time and talents of helping others,” says Lorraine Sacino Murphy, Assistant Professor at St. Luke’s College. “Many of the places that we go on this day are places that are so thankful for the help and having large groups allow more work to be completed in a short amount of time.”

“This also gives the students and faculty time to meet and talk with the people who use the services or are instrumental in the success of these community resources,” Sacino Murphy says. “It’s a very fulfilling experience to know we have helped the community.”

Since the first Community Service Day, volunteers from St. Luke’s College have donated more than 5,500 hours to the Siouxland community.
Daughters Continue Family Legacy of Nursing

When Brianna Colshan walks across the stage to accept her Associate of Science in Nursing (ASN) Degree from St. Luke’s College this May, she’ll be continuing a family legacy.

Her mother, Deb (Boysen) Colshan, Class of 1986, is Director of Medical/Surgical/ICU Services at Buena Vista Regional Medical Center in Storm Lake, Iowa. Her aunt, Linette (Boysen) Meyer, Class of 1988, works as Manager of Organ Preservation Services for Life Source in Minneapolis, Minn. And her sister, Megan Colshan, Class of 2014, is a first-year nurse at Mercy Medical Center-Sioux City.

“I couldn’t imagine doing anything else,” Megan says of her career choice. “I truly enjoy my job and am glad to go to work every day.”

That passion of caring for others can be traced back to Deb and Linette’s childhood in Holstein, Iowa. “One place to get a good job in Holstein is at the Good Samaritan Center as a nursing assistant,” says Deb. “At the time, they provided a course with certification as a CNA. Taking this course and learning from the committed team members at that facility opened the door to nursing for both of us.”

Deb and Linette’s affinity for the sciences, especially Chemistry and Biology, and supportive family helped cement their career paths.

“Our parents (Jim and the late Judy Boysen) were very encouraging of our nursing career, and our grandma, Alma Schroeder of Manning, Iowa, was very excited for us to enter nursing school,” Deb recalls.

Now it’s her turn to be excited for the next generation of nurses.

“I was proud when my sister followed in my footsteps and became a nurse and I am ecstatic to say that two of my daughters are doing so,” says Deb. “It is exciting to re-live my early years of the wonder of nursing and helping people through their eyes. “Nursing is not an easy career,” she adds. “There are many challenges that my daughters have watched me face over the years. I feel lucky that they both chose healthcare as a profession. St. Luke’s has given both of them a great start. I look forward to them continuing their education to obtain a BSN in the near future.”

The women say St. Luke’s College will always be a part of their lives.

‘St. Luke’s College provided me with a strong nursing foundation that has helped me to grow in my career.’

“I still keep the copy of the Nightingale Pledge I received as a freshman at St. Luke’s on my office wall to ground me in the history of caring that is a career in nursing,” says Linette. “St. Luke’s College provided me with a strong nursing foundation that has helped me to grow in my career. I’m grateful for the wonderful educators who provided opportunities for growth in education and positive role modeling throughout my education at St. Luke’s.”
St. Luke’s College announced two new degrees: Bachelor of Science in Nursing and Bachelor of Health Science.
Clinical Pastoral Education Chair Named

Roger Cauthon has joined St. Luke’s College as Department Chair of Clinical Pastoral Education (CPE) and as Clinical Pastoral Education Supervisor, a credentialed position within the Association for Clinical Pastoral Education.

He has his BA degree in education from Wichita (KS) State University, Master of Divinity degree from Denver Seminary and completed course work in spiritual direction and Ph.D. courses in the Graduate School of International Studies at the University of Denver.

Cauthon’s work experience includes 25 years as a senior pastor, three years as a private practice psychotherapist, six years as a PRN hospital chaplain, 20 years as adjunct faculty at the community college and seminary level and nearly two years of experience as tissue donor coordinator for the Donor Alliance of Colorado.

Karpuk to Chair RN-BSN Completion Program

Lorall Karpuk, MSN, RN, has been named Chair of St. Luke’s College’s RN-BSN completion program.

Karpuk has been an associate professor at the college in the BSN program since its inception in 2013. Previously she was Director of Online Learning at the University of South Dakota. She has her BSN from Creighton University and MSN from South Dakota State University.
Dear Alumni,

Whether you’re looking back at your first few months as a healthcare professional or reflecting on a lifetime of caring for others, I’m inviting you to join me and your fellow alumni at our 2015 Alumni Reunion Friday-Saturday, April 24-25!

Reconnect with old friends, make new ones and enjoy a weekend of fun at our two-day celebration!

For more information, watch your mail, call me at 712-279-3112 or e-mail me at patricia.rogers@stlukescollege.edu.

See you April 24-25 in Sioux City!

Tricia Rogers

Alumni & Events Coordinator
St. Luke’s College – Unity Point Health
2800 Pierce St., Sioux City, IA 51104
712-279-3112 ♦ Patricia.rogers@stlukescollege.edu